

**Dhamma Study Certificate Program
for Elementary Level
Course Title: Dhamma**

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Dhamma Study Project (Nakdhamma) for General Public
is organized by The Chiang Mai Sangha Council, Thailand
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1. Instructor

1. Phra Narongchai Thanajayo, Ph.D.

2. Class Room & Meeting Time

Building.....Room..... Wat Suan Dok, Chiang Mai

Via Zoom Program: Meeting ID:.....Passcode:.....

Meeting time: Sunday 15.00-16.30

3. Learning Objective

- 1) For the development of faith toward the Triple Gems.
- 2) For the understanding of Buddhism and various Dhamma principles.
- 3) For the strengthen of the right view and ways to live good life according to Buddhism.
- 4) For the understanding of the roles and responsibilities of a good Buddhist.
- 5) For the cultivation of the Dhamma learning habit and practice the Dhamma on a daily basis.

4. Course Description

Study various Dhamma subjects selected from Tipitaka organizing in grouped manner: group 2 (Duka), Group 3 (Tika), Group 4 (Catukka), Group 5 (Pancaka), Group 6 (Chakka), Group 7 (Sattaka), Group 8 (Atthaka), Group 9 (Navaka), Group 10 (Dasaka). These selected dhamma subjects are highly valued for those who seek for wisdom to live a sustainable happy life suitable for both monks and laypeople namely- The Four Noble Truths, Wholesome and Unwholesome Deeds, Ten Bases of Meritorious Action, Seven Virtues of a good man etc.

5. Hours of Studying (45 Hrs in Total, 15 lectures)

Theory	Self-Study	Practice	Additional Class
22.30 Hrs	22.30 Hrs	-	-

6. Learning Structure

In class and via zoom program

Sunday 15.00 – 16.30

7. Learning Method

- 1) Student should participate in all provided lectures.
- 2) Self-study is recommended through other relevant resources.

8. Assessment and Grading

- 1) Course completion is evaluated based on the result of the final examination.
- 2) Students must attend at least 80 percent of the total class hours.
- 3) Grading system is described below:

Result	Score	Grade Levels
Horner	90-100	H
Satisfied	60-89	S
Unsatisfied	<59	U

9. Learning Outcome

- 1) Knowing and understanding thoroughly of the Dhamma principles and theories and able to apply them into one's own lifestyle.
- 2) Knowing and understanding of the processes and ways to practice of Dhamma and able to apply them in contemporary society.
- 3) Able to propagate the teachings of the Buddha and increase sustainable Buddhist followers.

Learning Content

Week	Subject / Description	Hour	Teaching Method	Instructor
1	- Introduction to Dhamma Subject/Learning	1.30 hrs	Lecture &	Phra

	<p>Scheme /Evaluation</p> <p>Session1: Duka-Group 2</p> <p>1.1 Virtues of Great Assistance</p> <p>1.2 Virtues that Protect the World</p> <p>1.3 Gracing Virtues</p> <p>1.4 The Rare Persons</p>		Discussion	Narongchai
2	<p>Session 2: Tika-Group 3/1</p> <p>2.1 The Triple Gems</p> <p>2.2 The Admonitions of the Buddha</p> <p>2.3 The Evil & Good Conducts</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
3	<p>Session 3: Tika-Group 3/2</p> <p>3.1 Suppurisapannatti</p> <p>3.2 Merit Concept</p> <p>3.3 Three Bases of Meritorious Action (Punnakiriyavatthu)</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
4	<p>Session 4: Tika-Group 3/3</p> <p>4.1 Unimpeachable practice</p> <p>4.2 The Three Marks of Existence</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
5	<p>Session 5: Catuka-Group 4/1</p> <p>5.1 Virtues Conducive to Growth (Vuddhi)</p> <p>5.2 Virtues Wheeling one to Prosperity (Cakka)</p> <p>5.3 Four Prejudices</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
6	<p>Session 6: Catuka-Group 4/2</p> <p>6.1 Dangers for newly ordained monk</p> <p>6.2 Right Effort (Padhana)</p> <p>6.3 Virtues which should be established in the mind (Adhitthanadhamma)</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
7	<p>Session 7: Catuka-Group 4/3</p> <p>7.1 Four Parts of accomplishment (Iddhipada)</p> <p>7.2 Practice of Heedfulness</p> <p>7.3 Four Noble Sentiments (Brahmavihara)</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai
8	<p>Session 8: Catuka-Group 4/4</p> <p>8.1 Parisuddhisila</p>	1.30 hrs	Lecture & Discussion	Phra Narongchai

	8.2 The Four Noble Truths			
9	Session 9: Pancaka-Group 5/1 9.1 Five Immediacy Deeds 9.2 Five ideas to be regularly reviewed (Abhinhapaccavekkhana) 9.3 Benefits of Listening to Dhamma	1.30 hrs	Lecture & Discussion	Phra Narongchai
10	Session 10: Pancaka-Group 5/2 10.1 Training Instructions for newly ordained monk 10.2 The Five Powers 10.2 The Five Aggregates	1.30 hrs	Lecture & Discussion	Phra Narongchai
11	Session 11: Chakka-Group 6 11.1 The Six Reverences 11.2 Virtues for Fraternal Living (Saramiyadhamma)	1.30 hrs	Lecture & Discussion	Phra Narongchai
12	Session 12: Sattaka-Group 7 12.1 Seven Virtues of good man (Sappurisadhamma) 12.2 Seven Noble Treasures	1.30 hrs	Lecture & Discussion	Phra Narongchai
13	Session 13: Atthaka-Group 8 13.1 Eight Worldly Conditions	1.30 hrs	Lecture & Discussion	Phra Narongchai
14	Session 14: Dasaka-Group 10 14.1 Ten Bases of Meritorious Action 14.2 Five qualities of a lay disciple 14.3 Six causes of ruin (Apayamukha)	1.30 hrs	Lecture & Discussion	Phra Narongchai
15	Session 15: Ghipatipati Catukka 15.1 Ditthadhammikattapayojana 15.2 Samparayikatthapayojana 15.3 Gharavasa-Dhamma	1.30 hrs	Lecture & Discussion	Phra Narongchai
Final Examination:				

10. References

- 1) Dhamma Studies for Elementary level handbook, Mahamakutraajvidyalaya

