

# Nakdhamma Elementary Level Course Title: Dhamma

Lecture #2: Dhamma Group 3/1

By Ven.Narongchai Thanajayo

Date: Sunday 4 February 2024

Time: 2.40 - 4.10 pm



## Let's meditate

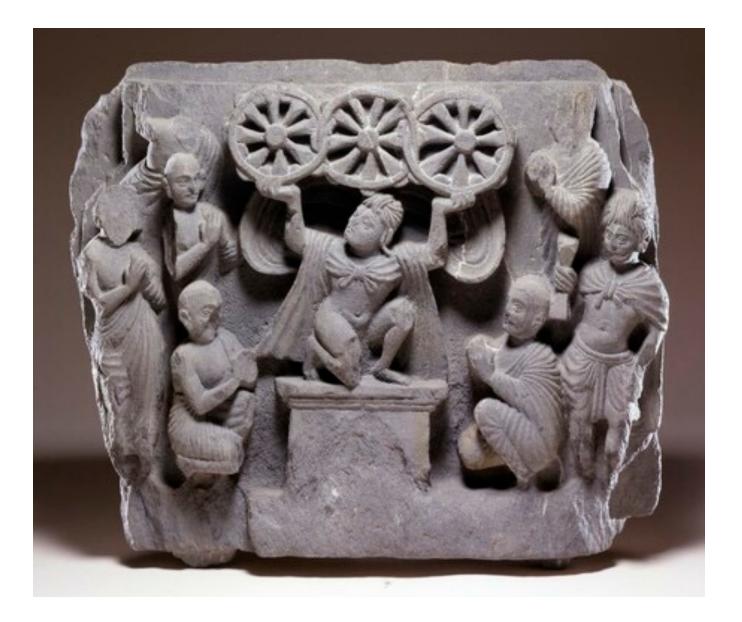


- 01 The Three Gems
- 102 Instructions of the Buddha
- 03 Good / Evil Conducts
- 104 The Roots of Unwholesome

#### The Ending of Buddhism

"Kimbila, it's when the monks, nuns, laymen, and laywomen lack respect and reverence for the Teacher, the Dhamma, the Sangha, the training, concentration, heedfulness, and hospitality after the final extinguishment of the Buddha. This is the cause, this is the reason why the true teaching does not last long after the final extinguishment of the Buddha."





The three wheels in this Triratna stone sculpture represent the Three Jewels of Buddha, Dhamma, and Sangha. | Source: British Museum

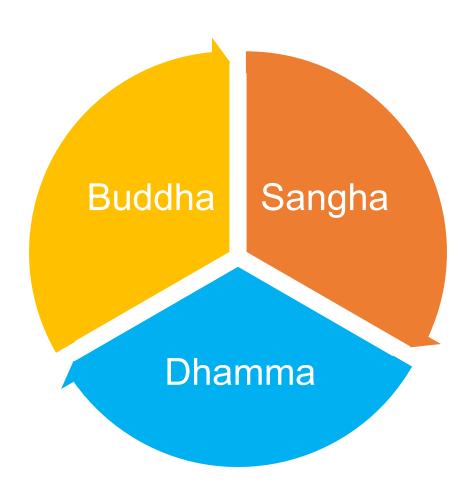
#### Terms for the Triple Gem of Buddhism

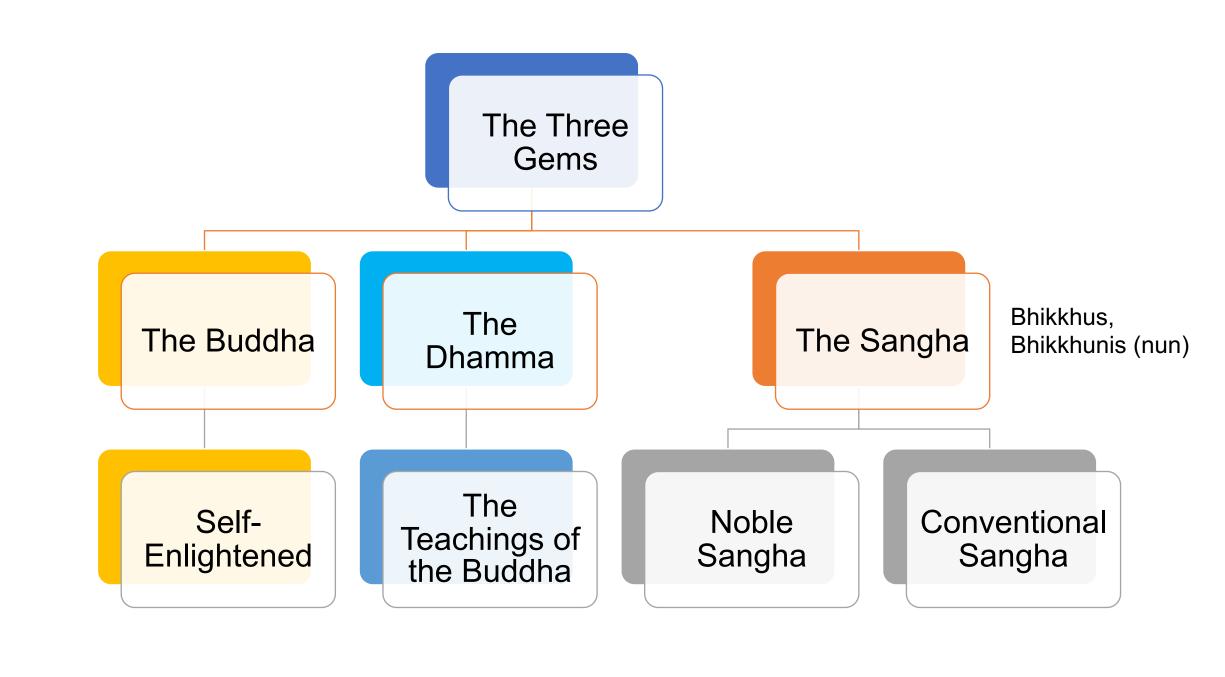
- Three Gems
- Three Jewels
- Three Treasures
- Three Pillars





#### **Three Ratanas (Three Gems)**





What is the different between a human and an enlighten being?



#### Is the Buddha a human?

"Is not the Venerable One a deva?"

Brāhmin, I am indeed not a deva."

Is not the Venerable One then a Gandhabba?

Brāhmin, I am indeed not a Gandhabba."

Is not the Venerable One then a Yakkha?

Brāhmin, I am indeed not a Yakkha."

Is not the Venerable One then a human being?

Brāhmin, I am indeed not a human being."

"เราไม่ใช่เทวดา พราหมณ์" โทณพราหมณ์ทูลถามว่า "ท่านผู้เจริญ เป็นคนธรรพ์ใช่หรือไม่" "เราไม่ใช่ คนธรรพ์ พราหมณ์" "ท่านผู้เจริญ เป็นยักษ์ใช่ หรือไม่" "เราไม่ใช่ยักษ์ พราหมณ์" "ท่านผู้เจริญ เป็นมนุษย์ใช่หรือไม่" "เราไม่ใช่มนุษย์ พราหมณ์"

#### The Buddha



#### The Dhamma

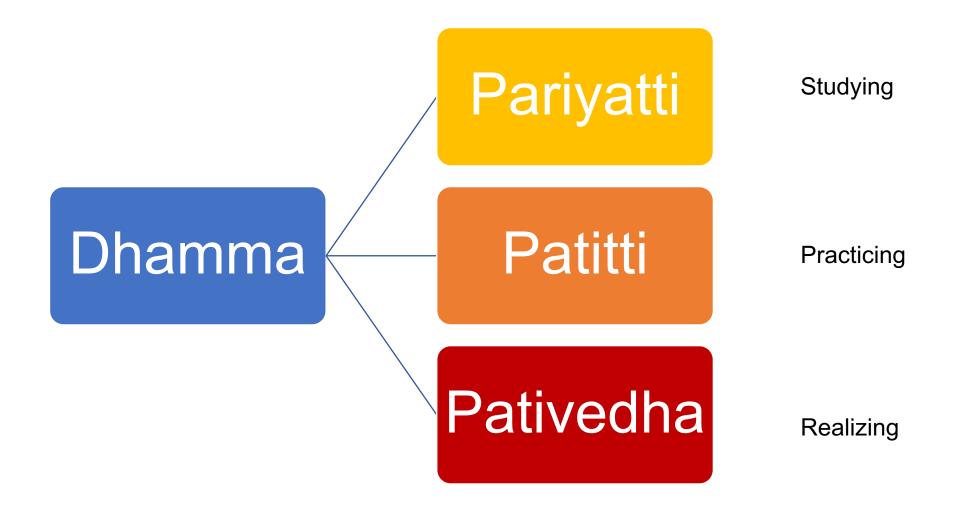
Uphold
Preserve
Protect
Sustain







#### **Levels of Dhamma**



#### The Sangha



Noble Sangha (Ariya-sangha)



**Conventionak Sangha (Sammuti-sangha)** 

#### The Significant of Sangha

- Preserve (the Buddha's teachings)
- Protect
- Propagate
- The merit field for the world

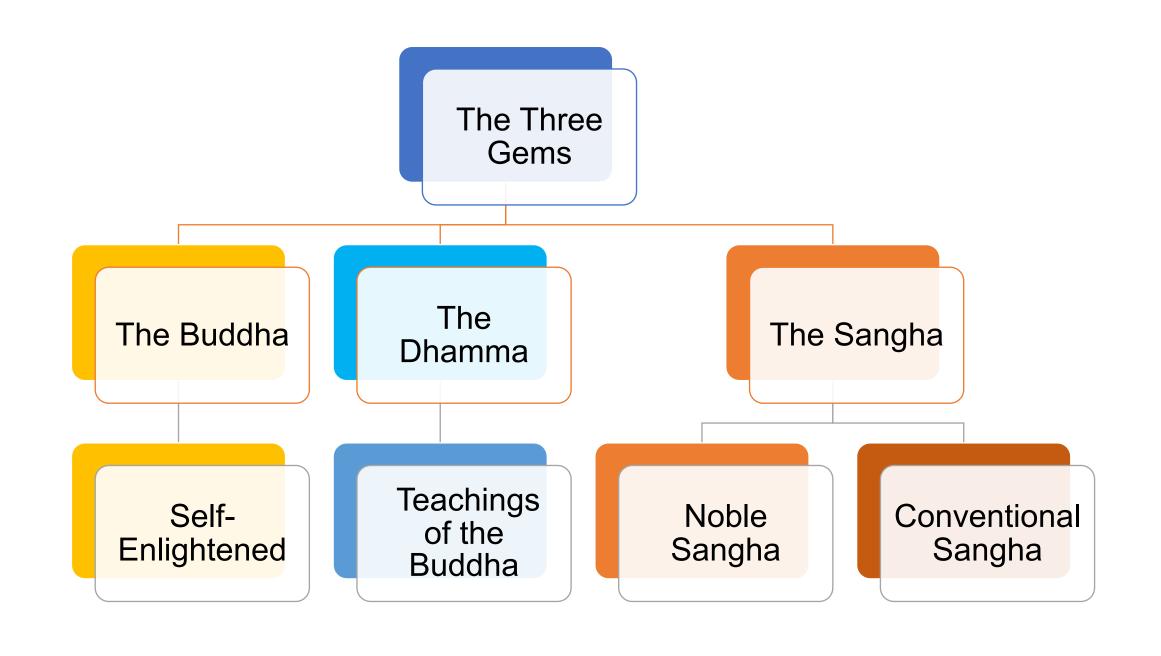
## Why the Tripple gem are invaluable and worth highest respect?

#### Realization to the tripple gem

Buddham saranam gacchami: I go to the Buddha for refuge.

Dhammam saranam gacchami: I go to the Dhamma for refuge.

Sangham saranam gacchami: I go to the Sangha for refuge.







-Ovadapatimokkha-



Not to do any evil, to embrace the good and to purify one's mind.

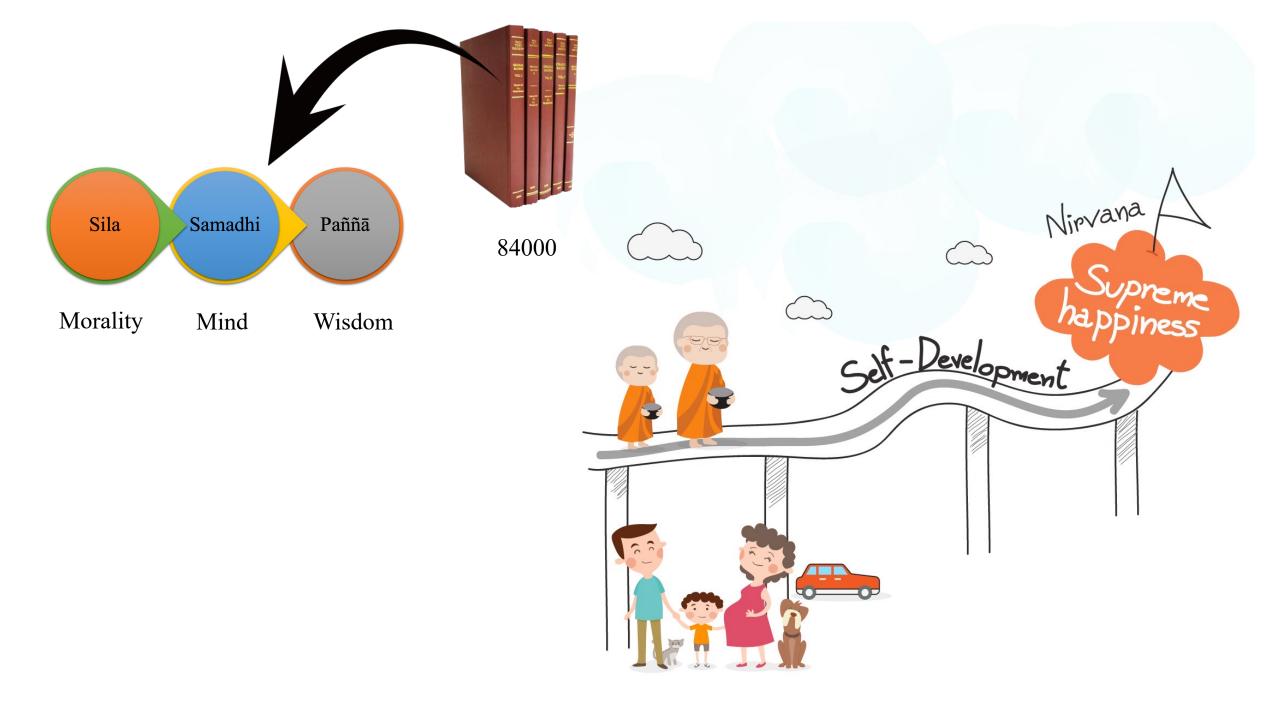


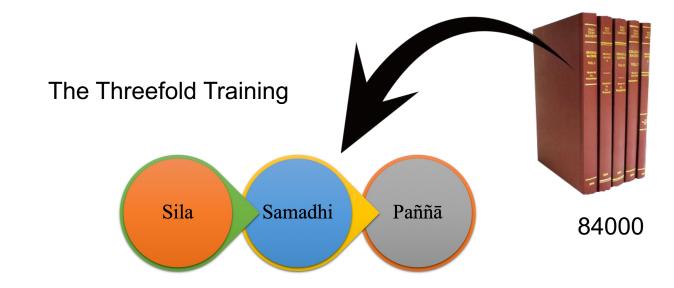
#### Instructions of the Buddha

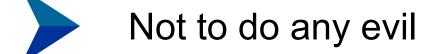
To abstaing from bad kamma (action)

To do good kamma (action)

To purify one's mind of defilements













The Good v.s.
The Bad

#### **Unskillful Actions**

#### **Skillful Actions**

Ducarita (ทุจริต)

Kayaducarita (body)

Vaciducarita (speech)

Manoducarita (thought)

Sucarita (สุจริต)

Kayasuccarita (body)

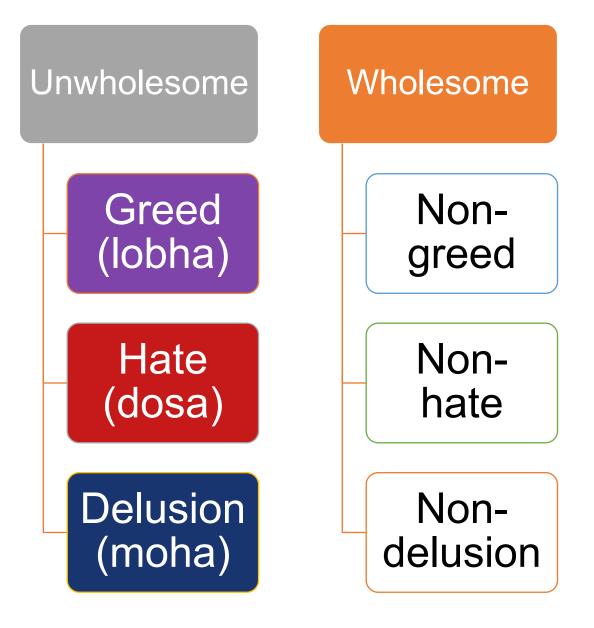
Vacisuccarita (speech)

Manosuccarita (thought)

Action	Unwhoelsome (Akusalakamma)	Wholesome (Kusalakamma)		
Body (kaya-kamma)	<ol> <li>Killing</li> <li>Stealing</li> <li>Sexual misconduct</li> </ol>	<ol> <li>Abstaining from killing</li> <li>Abstaining from stealing</li> <li>Abstaining from sexual misconduct</li> </ol>		
Speech (vaci-kamma)	<ol> <li>False speech</li> <li>Slanderous speech</li> <li>Divisive speech</li> <li>Frivolous speech</li> </ol>	<ol> <li>Abstaining from false speech</li> <li>Abstaining from slanderous speech</li> <li>Abstaining from divisive speech</li> <li>Abstaining from frivolous speech</li> </ol>		
Mind (mano-kamma)	<ol> <li>Covetousness (abhijjha)</li> <li>Ill-will (Byapada)</li> <li>Wrong view (Micchaditthi)</li> </ol>	<ol> <li>Non-Covetousness (non-greed)</li> <li>Non-III-will (non-hatred)</li> <li>Right view (non-delusion)</li> </ol>		

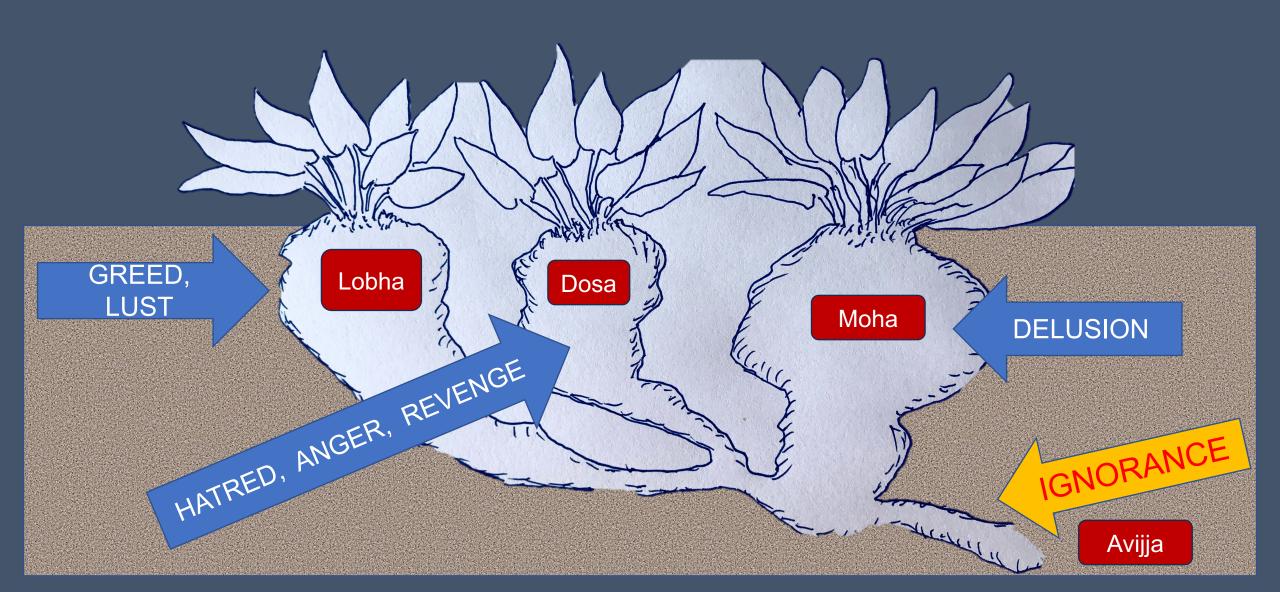
## The Roots of Unwholesome

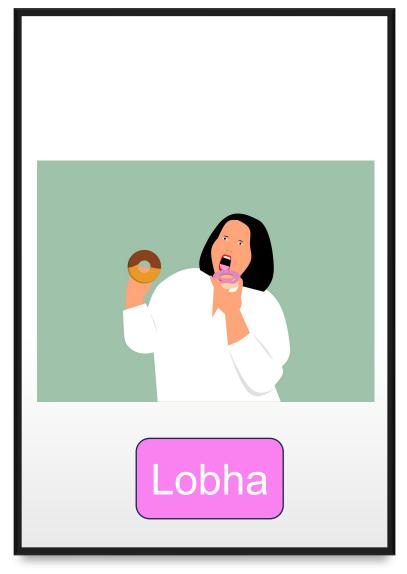
Kilesas (mental impurities)

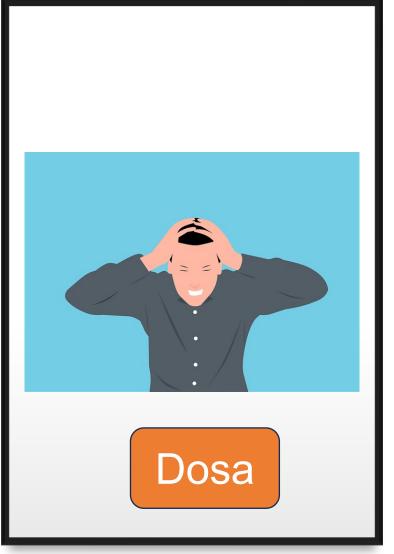


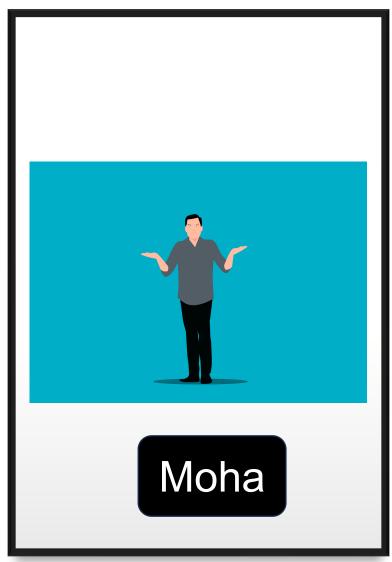
(Sammaditthi Sutta, MN 9)

#### Deep roots of a poision tree



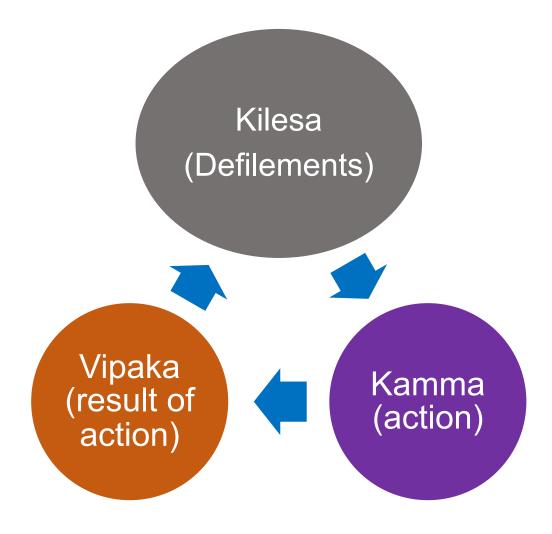




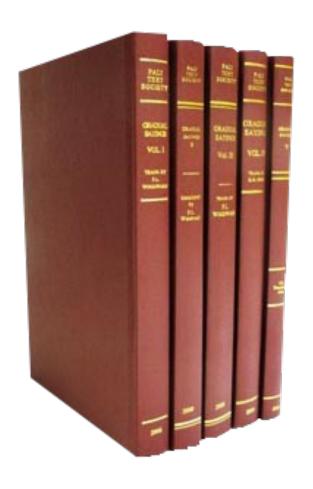


(hungry) (heat) (dark)

#### Vicious cycle



#### **Recommended Sutta**



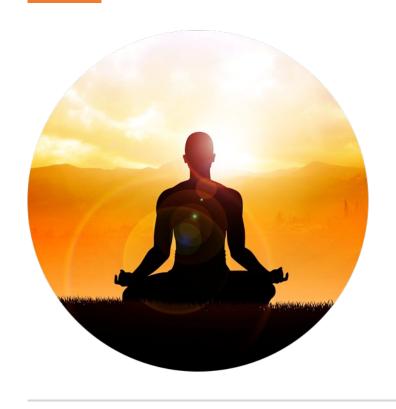
MN 9: Sammaditti Sutta

DN 33: Sangiti Sutta

### Vocaburary

Tripple Gem	The Buddha, The Dhamma, The Sangha
Dhamma	The teachings of the Buddha, the Shield from evil
Kamma	Action
Kilesa	Defilement, Mental impurity, affliction, depravity
Lobha	Greed
Dosa	Hate
Moha	Delusion
Avijja	Ignorance

## Recap



"Wisdom is the light in the world"



Rejoice in your merit

